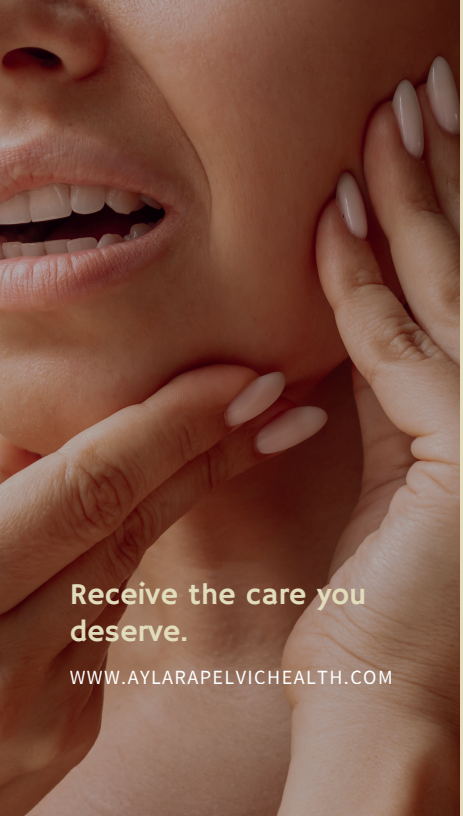


DO YOU EXPERIENCE

JAW PAIN?

TMJD: TEMPROMANDIBULAR DISORDER
PAIN WITH CHEWING, OPENING THE MOUTH, TEETH CLENCHING, TEETH GRINDING

Aylara
Pelvic Health



Receive the care you deserve.

WWW.AYLARAPELVICHEALTH.COM

JAW PAIN?

How we can help:

Dry needling to jaw musculature:

Temporalis
Masseter
Pterygoids
Sternocleidomastoid

Soft tissue mobilization

Jaw mobilizations

Corrective exercises

Tension headache mitigation

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