Pelvic Health Physical Therapist (DPT)

Aylara Pelvic Health
Reports To: Clinic Director

About Aylara Pelvic Health

Aylara Pelvic Health is a specialty clinic dedicated to pelvic health through all phases of life. We serve women (and men) through prenatal and postpartum recovery, pelvic pain, incontinence, prolapse, orthopedic dysfunction, menopause, and return-to-sport care.

Our standard is clinical excellence paired with dignity, discretion, and empowerment. We operate within our values: faith, love, commitment, accountability, and gratitude.

This is not a general outpatient role. It is a focused, purpose-driven pelvic health position inside a mission-aligned clinic.

Position Overview

The Pelvic Health Physical Therapist will evaluate and treat a diverse caseload of pelvic floor and related musculoskeletal conditions using evidence-based, individualized care.

This role requires strong clinical reasoning, emotional intelligence, and the ability to build trust with patients navigating sensitive diagnoses.

You will work in a boutique pelvic health environment with dedicated treatment rooms and a specialized rehab gym designed for pelvic rehabilitation and functional return-to-life outcomes.

Core Responsibilities

- Perform comprehensive pelvic health evaluations
- Develop individualized, evidence-based treatment plans

- Deliver direct patient care including:
    - Manual therapy
    - Internal pelvic floor assessment and treatment
    - Therapeutic exercise
    - Neuromuscular re-education
    - Functional return-to-activity progression

- Educate patients with clarity, confidence, and compassion
- Maintain timely, accurate documentation compliant with insurance and regulatory standards
- Collaborate with referring providers and community partners
- Participate in workshops, outreach, and pelvic health education initiatives
- Engage in quarterly performance reviews focused on growth and mentorship
- Pursue ongoing continuing education in pelvic health

Clinical Focus Areas May Include

- Prenatal & postpartum rehabilitation
- Diastasis recti management
- Urinary & fecal incontinence
- Pelvic organ prolapse
- Pelvic pain conditions
- Return-to-running / return-to-sport
- Core dysfunction & orthopedic integration

Qualifications

- Doctor of Physical Therapy (DPT) from an accredited program
- Current Utah PT license in good standing
- Pelvic health training (CAPP-Pelvic or equivalent or PRPC) completed or actively in progress
- Strong foundation in women’s health and orthopedic integration
- Excellent communication and patient education skills
- Commitment to ethical, evidence-based practice

Preferred Experience

- Prior pelvic health caseload management
- Orthopedic or manual therapy background
- Experience teaching workshops or group education
- Interest in leadership, mentorship, or future specialization

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Schedule & Compensation

- Full-time or part-time opportunities available
- Flexible scheduling within clinic needs
- Competitive compensation based on experience
- Professional development allowance
- Access to Aylara Pelvic Health benefits
- Performance-based growth pathways

What Makes Aylara Different

- Pelvic health-only environment
- Private treatment rooms (no open treatment bays)
- Large, dedicated pelvic rehab gym
- Structured growth and mentorship conversations
- Mission-driven culture with long-term vision
- Leadership pathways for clinicians who want to grow

Who Thrives Here

- Clinicians who value depth over volume
- Providers who want to specialize, not generalize
- Professionals who combine clinical rigor with empathy
- Therapists motivated by meaningful outcomes, not just productivity

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